

GETTING STARTED WITH FUNDRAISING



YOUNGMINDS
Fighting for young people's mental health

1. Choose your event

From bake sales, talent shows, or a simple coffee morning – there are countless ways to raise funds for us.

2. Spread the word

Tell everyone. Shout about it at work, school or in your community. Use donation platforms like JustGiving and share the link. Pop up posters on noticeboards and share your event on social media.

3. On the day

With planning done, enjoy the day! Take plenty of photos for sharing on social media - it may help bring in a few extra donations (make sure to tag @YoungMindsUK).

4. Donate the funds

After your event, support us by donating:

W: youngminds.org.uk/donate

T: 0207 089 5050

Bank Transfer: CAF Bank Ltd,
Sort code: 40-52-40, Account number: 00002523

Cheque: Make your cheque payable to YoungMinds and post it to: YoungMinds, Fourth Floor, India House, 45 Curlew Street, London SE1 2ND.